More than half of young people who took part in the survey said they would like to see the results. This summarises the key issues.

This is the largest survey of 11-15 year olds in North Lincolnshire. More than 5,700 young people took part, or 63% of all 11-15 year olds in North Lincolnshire. The results are anonymous.

The survey includes questions about a range of topics.

Since 2010 the survey has been completed online.

This is the 4th and largest lifestyle survey that has taken place in North Lincolnshire.

All secondary schools took part in 2013/14.

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.
30% boys and 16% girls do at least 1 hour of exercise every day.

86% 11-15 year olds say they are in good health.

In 2013, 75% of girls and 82% of boys took part in sport outside school.

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.
87% say it is very important or important to get good exam results.

At 18/19 years of age, 73% thought they would be studying at college or university.

Apprenticeships are becoming more popular. In 2013, 1 in 5 young people considered this as a career pathway. Compared to 1 in 10 in 2010.

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.
The majority of young people have a positive outlook on life!

84% Feel happy either most days or every day

60% say they have a lot to be proud of

80% find lessons on healthy relationships useful

67% feel confident most days

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey
DID YOU KNOW...

About 1 in 3 (32%) 11-15 year olds think most young people their age smoke.

WHEN ACTUALLY...

...only 6% said they smoked on a regular basis.

Although girls are still more likely to smoke than boys.

94% of 11-15 year olds don’t smoke.

Across England, smoking rates have halved since the year 2000 amongst young people.

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys
The number of young people who claim to have tried drugs is falling each year.

Most young people said they have never tried illegal drugs!

13% think most young people their age have tried drugs.

94% young people aged 11-15 have never tried illegal drugs.

Of the small number who say they have tried drugs, cannabis is the most common, but is falling.

Tried cannabis in the last 4 weeks?

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.
An increasing number of young people recognise the value of volunteering.

- 28% are already involved in voluntary work
- A further 25% want to volunteer

10% are peer mentors or school buddies.

In 2013, 44% voted for a young mayor or school council member.

Want to know more? Go to nldo.northlincs.gov.uk/IAS_Live/sa/jsna/surveys

The local data in this report was collected by schools through the Adolescent Lifestyle Survey.